



Harmony Holistics

Christmas Gift Guide 2021



*Welcome to the
Harmony Holistics
Christmas Gift Guide
2021*

Packed full of beautiful gifts,
stocking fillers and ideas

If there's something you'd like
that's not here, please ask me.

Thank you for supporting my small business

Gift Vouchers

Gift Vouchers available for
£25, £50, £75, £100 or £200



Gift Vouchers can be used for any treatment and
also redeemable against retail items.
Can be purchased in person or online
and downloaded and printed at home.

The Perfect Gift!

Gift Vouchers

Seasonal Gift Vouchers available



Seasonal Gift Vouchers are available
from my website or in salon.

The Perfect Gift!

Under £200

Katherine Daniels Skincare

Christmas Skin Delight – £190 (worth over £220)

1 x Essential Micellar Face & Eye Make-up Remover
1 x Essential Miracle Cleansing Jelly
1 x Multi-Tasking Eye & Lip Balm
1 x Rehydrating Cream
1 x Daily DNA Defence SPF30

COMPLIMENTARY:

1 x Instant Effect Eye Mask
&

Pair of Micro Cloths (package worth over £220)



The Perfect Gift!

Under £100

Katherine Daniels Skincare

Treatment Boosts

Treatment Boost for Anti-Ageing & Rejuvenation £89.00

Our salon strength Treatment Boost uses the exceptional power of rejuvenating plant stem cells for a global anti-ageing effect. Thanks to our dynamic blend of skin strengthening ingredients we target lines, wrinkles, loss of tone, pigmentation & dark spots, redness, dehydration, dryness and an uneven skin texture.

Our Treatment Boost packs a powerful punch. Up your skincare game up and achieve outstanding results with regular at home use.



♥ VEGAN friendly

Treatment Boost for Rosacea & Sensitive Skin £89.00

Our salon strength Treatment Boost uses the power of calcium rich red algae and plant stem cells to quickly calm and soothe your skin. Inflammation and your restricted microcirculation associated with sensitivity & rosacea will be reduced. Your fragile skin will become stronger, calmer, and more comfortable. More able to defend itself from external and internal aggressors.

Results can be achieved faster when combined with our corrective salon treatments.



♥ VEGAN friendly

The Perfect Gift!

Under £100

Katherine Daniels Skincare

Treatment Boosts

Treatment Boost for Pigmentation & Dark Spots £89.00

Our salon strength Treatment Boost uses powerful antioxidant rich plant stem cells to lighten your existing pigmentation marks. Thanks to our skin strengthening ingredients the formation of new marks and dark spots can be prevented. Your skin tone will become more even.

Results can be achieved faster when combined with our corrective salon treatments.



♥ VEGAN friendly

Treatment Boost for Acne & Blemished Skin £80

Our salon strength Treatment Boost uses the power of bacteriostatic plant stem cells. It protects your skin's delicate microbiome, this promotes skin health and prevents bacteria from multiplying which may lead to breakouts. Your skin imperfections will become less as we work towards a clear complexion. A lightweight formulation that leaves no oily residue on your skin.

When treating acne and blemished prone skin we need to treat it gently – we don't use harsh stripping ingredients. We treat your skin at surface and cellular level, and get to the heart of your skin problem.



♥ VEGAN friendly

The Perfect Gift!

Under £100

Katherine Daniels Skincare

Deep Cleansing & Skin Rejuvenating System £65

Combining ultra-high frequency vibrations with 1500 soft silicone massage points, you will achieve a supreme skin cleansing experience. Your skin will feel soft and smooth, as it would after a professional salon treatment. With daily use, skin congestion and superficial imperfections are greatly reduced. This system will also aid penetration of active ingredients from concentrates and creams and will work to tone and firm your skin.

Deep cleansing Firming Decongesting Toning Exfoliating Rejuvenating



The Perfect Gift!

Under £100

Katherine Daniels

Instant Effect Eye Mask (Pack of 4) £65



Ideal pre-makeup skin treat for a special occasion – Christmas Day, party, wedding, you name it, the Instant Effect Eye Mask will leave the skin around the delicate eye area will look visibly luminous, plumped and smooth and will feel hydrated, firm and revitalised.

This salon strength, Instant Effect Eye Mask is activated right before you use it. You will experience results of freshly combined concentrated Sea Kelp and a Mineral Complex, saturated with hydra-boosting Hyaluronic Acid.

This superior anti-ageing eye mask delivers instant visible results after just one use, and sustained visible effectiveness if used two times per week.

Proven to decrease lines by 41%

Proven to increase skin hydration by 56%

The Perfect Gift!

Under £50

Katherine Daniels Essential Exfoliating Gel with
Exfoliating Discs £44.00 + free micro cloths



Award winning Exfoliating Gel

Non-Abrasive Formulation

Our dual texture, non-abrasive formulation dissolves dead skin cells thanks to AHA's from Red Algae.

Transforming from a gel to a silky oil, our salon strength exfoliator was developed for even the most delicate skin, revealing luminosity without aggression. Your skin will be radiant, smooth and ready to benefit from your Katherine Daniels Step 2 – Skin Boost.

The Deep Cleansing & Exfoliating Discs to be used alongside any of our Essential Cleansing Collection. To enhance the effectiveness of your cleanser and give the feeling of a deep cleanse and exfoliating scrub.

The Perfect Gift!

Under £40

Angel or Buddha Wax Heaters – £24



Wax Melts £12



Enchanting, Uplifting, Mysterious

The enchanting warm woody notes of exotic oud. Laced with the softest, sweet floral notes of sandalwood. This fragrance is mysterious and feminine.

Choose this if you love a pretty, feminine fragrance.



Intriguing, Seductive, Charming

The intriguing notes of bergamot, citrus spice. Entwined with the seductive smoky notes of oud. This fragrance is charming and handsome.

Choose this if you love a masculine fragrance.



Alluring, Sophisticated, Glamorous

The earthy tones of black truffle are offset by the vibrant, jammy notes of dark berries. Sandalwood entangles velvet blossom, bringing a sophisticated finale. This fragrance is dramatic and elegant.

Choose this if you love a smooth, unisex fragrance.

Vegan society approved. A combination of rape seed, flax seed, castor oil, coconut & olive oil. NO paraffin, palm oil or beeswax. Each wax melt has at least a 20 hour (fragrance release) burn time.

Angel or Buddha Wax Heater+Wax Melts
only £30 instead of £36 (while stocks last)

The Perfect Gift!

Under £40

Gentle Oil & Salt Exfoliator £33.00

A serious skin hero. A cocktail of sea salts from around the world bound in the perfect amount of essential oils to exfoliate your body. Eliminating dry dull skin cells to reveal the new the healthy cells and a velvety soft feeling skin.

Dead skin cells not only dull your skin's surface they absorb your moisturisers meaning you use more than you need. But moisturise your regularly exfoliated skin, you will eliminate dull, flaky dry areas with our gorgeous 'glow giver.'



Nourishing Hydrating Balm £33.00

A high performance opulent texture to treat your dry hands and nurture your whole body. Our rich buttery balm is easily absorbed.

We know you don't have time to hang around. Use it all over your body with no oily residue, allowing you to dress immediately. Or use it throughout the day as a hand cream. There's no slip and it packs a powerful punch against the drying effects of hand sanitisers.

Over 24 hours after application your skin will stay hydrated. Your dry parched skin will be transformed, bolstered with moisture. Looking and feeling soft, supple and energised.

The Nourishing Hydrating Balm rapidly bestows the beauty back to your parched skin. It's delicately fragranced, nothing heavy or overpowering, just a wonderful 'happy' aroma.



The Perfect Gift!

Under £25

Sensory Retreats Sleep Masks



Divine Eyes or Luna Eyes – Box of 7 masks £21.00

Dreamy Eyes or Amour Eyes – Box of 5 masks £15.00

1 single sachet (any type) £3.95

The Sensory Retreats luxurious eye masks promote deep relaxation and comfort thanks to an infusion of mind and body calming aromatherapy scents developed from natural essences.

Combined with gentle, patented, air-activated double Ecosteam technology, they deliver a soothing sensory sensation perfect for anyone having trouble sleeping or to enjoy a pampering home-spa experience and are safe to wear overnight.

Just 25 minutes is all it takes to help magically melt away stress, tension, headaches, eye strain, or calm and reset an overactive mind.



The Perfect Gift!

Under £25

Heartwood Candle £24.00

Katherine Daniels brings you the Heartwood candle. The captivating, rich and powerful fragrance of Oud creates a sophisticated fragrance for all year round.

100% natural wax candle with a burn time of 40 hours. Packaged in a beautiful rose gold tin with our limited-edition print, hand poured in the UK.

Contains Beeswax.

"The fragrance of this candle transports me through the 4 seasons of the year. The top notes reminds me of enjoying the outdoors during the Spring.

The middle notes are Summer through to Autumn. Juicy Mediterranean fruits, combined with the sweeter, richer fragrance of Autumnal fruit.

Finally, the base note of Oud is seductive, woody & aromatic. The envelopment of warmth that is welcome in winter and the memory of winter holidays in the Middle East."

Kirsti Shuba – Katherine Daniels, Co-Founder



The Perfect Gift!

Under £15

Car and Home Fragrant Diffusers – £10.00

Fragrance is the ultimate way to journey to your favourite destination. Your happiest memories are renewed by a single scent. Our Essential Fragrance allows you to relive your happiest memories each time you open your wardrobe, a drawer or drive your car.



Uplifting, Invigorating,
Exhilarating

Notes: Orange, Neroli &
Pepper

An uplifting cocktails of orange and neroli. With a touch of pepper and a sprinkle of chilli. This fragrance is empowering and energising.

"You'll love this if the freshness of citrus is your 'thing'.

Mesmerising, Hypnotic,
Spellbinding

Notes: Rose, Violet & Amber
An enchanting rose laced with musk and violet. With a warm woody whisper of amber. This fragrance is glamorous and engaging.

"You'll love this if the gentleness of rose, is your 'thing'.

Captivating, Mystical, Enigmatic

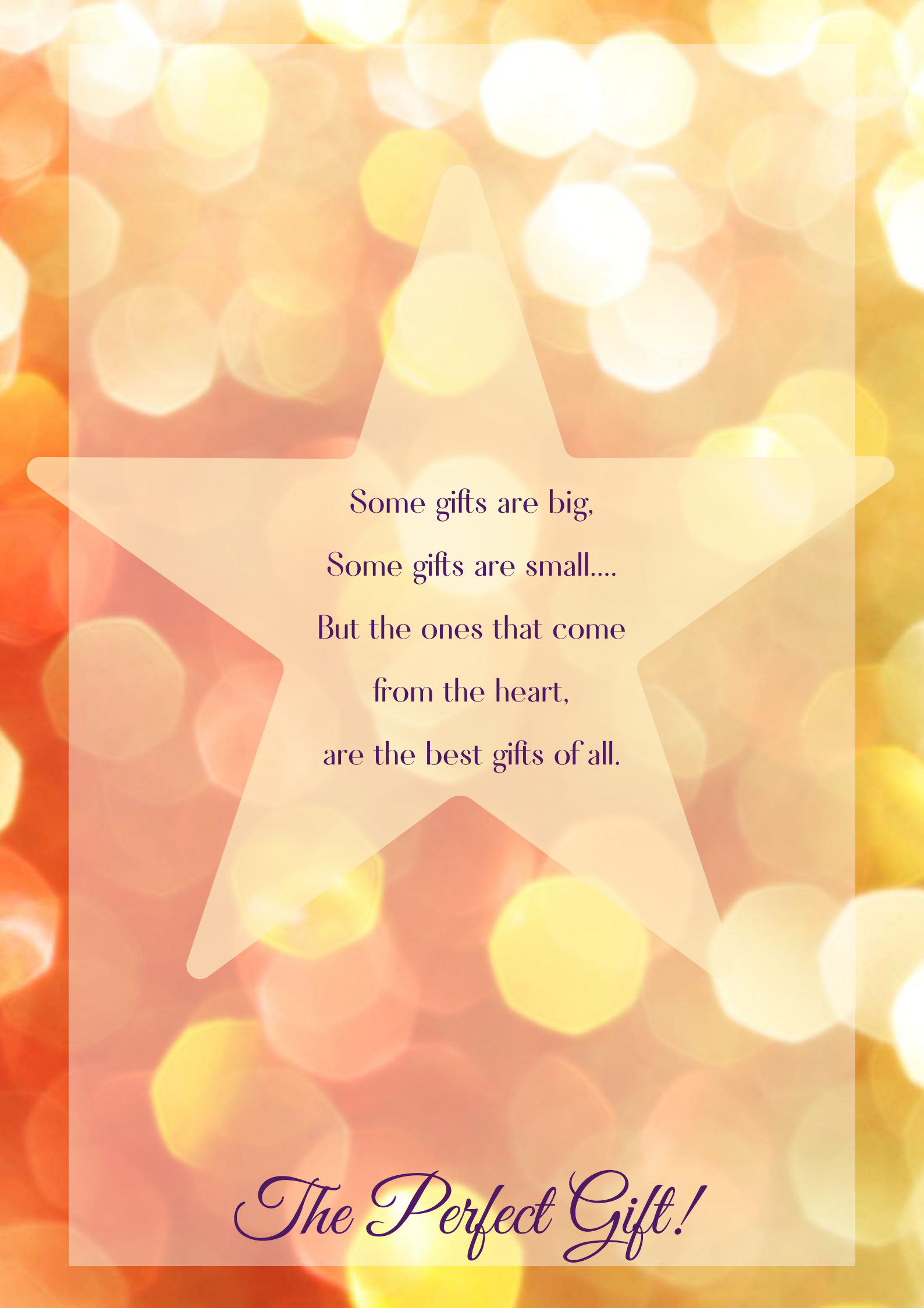
Notes: Pomegranate, Plum &
Vanilla

A fascinating blend of pomegranate and plum with an opulent hint of vanilla. This fragrance is mysterious and exciting.

"You'll love this fragrance if you don't like anything to smell too 'pretty'.

In the Essential Fragrance the oils are a mixture of essential oils and perfumes mixed with Augeo base – the full range is Vegan friendly and has been Vegan Society approved.

The Perfect Gift!



Some gifts are big,
Some gifts are small....
But the ones that come
from the heart,
are the best gifts of all.

The Perfect Gift!

Under £15

PILLOWSPRAYS



Pillowsprays £12.00

A gorgeous range of natural, beautifully fragranced pillow sprays which can be used as linen sprays or as room sprays. Designed to promote sleep, aid relaxation and calm the mind.

Simply spray a fine mist onto your pillow and bedding. Clear your thoughts, breathe in and prepare to sleep deeply.

Available in the following fragrances

Bergamot & Frankincense
Neroli, Rose Geranium & Frankincense
Sweet Orange, Ylang Ylang, Patchouli & Lime
Lavender and Mandarin
Lavender & Rose Geranium

The Perfect Gift!

Under £15

Spongellé Wild Flower – £11.00

The Spongellé Wild Flower is specially formulated to cleanse, exfoliate, massage and nourish the skin, from neck to toe.

Spongellé's unique body wash infused buffers change instantly as you squeeze under running water, from a sensual exfoliating massage texture to as soft as silk.

The propriety infusion technology cleverly triggers time-released lather which guarantees a minimum of 14+ washes.

Available in: Bulgarian Rose
Honey Blossom
Papaya Yuzu
French Lavender
Coconut Verbena
Freesia Pear



The Perfect Gift!

Under £15

Men's Spongellé Body Buffer £10.50

Take on the day with the Spongellé Men's Buffer. Infused with a blend of energising extracts, this all in one men's treatment will cleanse, scrub and hydrate shower after shower.

Spongellé's unique body wash infused buffers change instantly as you squeeze under running water, from an exfoliating massage texture to as soft as silk.

The propriety infusion technology cleverly triggers time-released lather which guarantees a minimum of 12+ washes.

Enriched with hydrating coconut oil and a blend of energising extracts such as edelweiss, yuzu and vetiver to leave the man in your life feeling smooth, fresh and full of vitality.



The Perfect Gift!

Under £10

VOESH Collagen Socks £7.50

Enriched with collagen, olive oil and argan oil, ultra nutritious moisturiser penetrates quickly to protect, nourish and moisturise feet. Olive oil, argan oil and vegetable oil blended with collagen to help immediately soothe the skin, bringing comfort and softness.

The socks are made with dual layer biodegradable material which provides 99% UV/LED ray protection.



The Perfect Gift!

Under £10

VOESH Collagen Gloves £7.50

Enriched with collagen and argan oil, ultra nutritious moisturiser penetrates quickly to provide intense nourishing care. Argan oil blended with collagen and shea butter to help immediately soothe the skin, bringing comfort and softness.

The gloves are made with dual layer biodegradable material which provides 99% UV/LED ray protection.



The Perfect Gift!

Under £10

Voesh Pedi in a Box £6.50



VOESH Pedicure in a Box is Paraben Free, Vegan Friendly and Gluten Free.

VOESH™ individual spa pedicure collection is a four-step treatment that enriches skin with key ingredients to give feet much needed nutrients. Each set is individually packed with the right amount of product for a single spa pedi experience.

Each set includes:

- Sea Mineral Salt Soak
- Foot Scrub
- Mud Masque
- Massage Butter

Available in: Cucumber Fresh, Green Tea Detox, Olive, Jasmine Soothe, Lavender, Lemon Quench, Mango Delight, Ocean Refresh, Tangerine Twist, Vitamin Recharge and Pink Grapefruit

The Perfect Gift!

Under £10

Katherine Daniels Micro Cloths (Pair) £5.50

Micro fibre has many virtues. Our Micro Cloths come as a pair of mitts and they're as soft as a kitten! They're gentle on your skin. Even the most delicate skin won't feel irritated as it may when muslin cloth or cotton / towelling cloths are used to remove your cleansing products, exfoliator or masks.



Deep Cleansing & Exfoliating Discs (soft silicon) £11.00

The Deep Cleansing & Exfoliating Discs to be used alongside any of our Essential Cleansing Collection. To enhance the effectiveness of your cleanser and give the feeling of a deep cleanse and exfoliating scrub.



The Perfect Gift!

*I hope you enjoyed browsing
my 2021 Gift Guide and that
you have found inspiration for
yourself, friends and family.*

Should you wish to place an order it can be placed by
sending me an email:

yvette@harmonyholisticscalne.co.uk

Text: 07850 414271

or in person

Orders will be held until collection by prior arrangement.

*I would like to take this opportunity to wish you and your loved ones
a joyful Christmas and a peaceful New Year.*

See you soon.

Yvette xx

The Perfect Gift!